**Onslow County food banks.**

**White Oak Ecumenical Outreach Food Pantry**  
Address is 724 W. Corbett Ave.  
Swansboro, NC 28584  
Main phone - (910) 326-1855  
The free food bank has canned soup, infant formula, cleaning supplies, and even Christmas meals or gift programs.

**Second Chance Mission of Hope**Address is 148 Kerr St  
Jacksonville, NC 28540  
Phone: (910) 455-7111  
The charity has groceries for struggling and/or low-income community residents. There are other services, ranging from clothing and furniture to non-perishable goods, shelter and more.

**New Beginning Ministry**  
Food bank address is 699 Bell Fork Rd  
Jacksonville, NC 28540  
(910) 989-0877

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**Northwoods United Methodist Church**  
1528 Gum Branch Rd  
Jacksonville, North Carolina 28540  
For hours of the pantry, dial (910) 346-9726

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**Infant of Prague Church**  
205 Chaney Ave  
Jacksonville, NC 28540  
(910) 347-4196  
The charity may have baby formula, referrals to diaper programs, and other support.

**Richlands Community Outreach**  
Address is 9103 Kinston Hwy  
Richlands, North Carolina 28574  
Dial (910) 324-6586  
The non-profit can help low income families in Onslow County. A soup kitchen as well as emergency pantry are on site. Bags of fruits, non-perishable items, and more is passed out.

**St. Anne's Episcopal Church**  
Address is 711 Henderson Dr.  
Jacksonville, NC 28540  
(910) 347-3774  
A soup kitchen as well as pantry are on site.

**Onslow Community Outreach, Inc.**  
600 Court Street  
Jacksonville, NC 28540  
(910) 455-5733  
They run the Christmas cheer assistance programs. Donations of toys, meals, and presents are given to children and the elderly in the city of Jacksonville as well as Onslow County. A Soup Kitchen is also on site for people in poverty.

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**Salvation Army Food Bank in Onslow**  
403 Center Street  
Jacksonville, NC 28546  
Telephone: (910) 346-8800  
Many social services are administered. They range from food from a pantry as well as gently used clothing. There are also thrift stores, Thanksgiving meals, and well as applications to SNAP food stamps among other North Carolina benefits.

**Lutheran Church of Our Savior**  
Food pantry address is 1115 Lejeune Blvd  
Jacksonville, NC 28540  
Main phone - (910) 347-2207  
Free, emergency bags of groceries are combined with other services. There may be referrals, including to the Women, infant, and Child program in Onslow County.

**Eastern NC Community Action**  
Call 910-347-1237  
This non-profit will mostly offer referrals. The staff from the agency direct seniors, single moms and others to support.

**Onslow County Health Department**  
Location is 612 College Street  
Jacksonville, North Carolina 28540  
Call (910) 347-2154  
They process applications for WIC, SNAP food stamps, and other federal programs, even including medical services.

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