

SBMS Counselors' Corner

Spring has sprung! (SPRING Edition)

Getting Ready for Purple Up!

April is the Month of the Military Child!

Military children comprise a very special part of our nation's population. These brave sons and daughters stand in steadfast support of their military parents and related family members and friends.

All SBMS students and staff will be celebrating the unique contributions and sacrifices the military members of our school community have made on behalf of our country. In addition to student volunteers leading the school in the Pledge of Allegiance on our Morning Announcements, the SBMS Junior Student-2-Student Group is helping spearhead specific events during the week of April 8th. Here is what everyone can look forward to.

Monday the 8th - Wear Your Patriotism on Your Face!

Students and staff can have a military-related item such as a flag, star or patriotic ribbon painted on their face!

Tuesday the 9th - Serving Across the Seven Seas!

Military families live all over the world! Military-affiliated students are encouraged to pin on a world map the various places they have lived around the world. It will be great fun to learn of all the places our military families have had their adventures as we walk down our back hall to breakfast and lunch.

Wednesday the 10th - Wall of Heroes

Students and staff are encouraged to bring in a picture of any military friends or family members to place on our "Wall of Heroes" located on the back hallway of the main building.

Thursday the 11th - Friendship Bracelets

The spirited group of JS2S students will be selling friendship bracelets during lunch.

Friday the 12th - Purple Up!

Let's end the week with an explosion of purple! All SBMS folk are encouraged to wear as much purple as possible!

Military Child and Family Resources

The title above is a hyperlink to many resources.

#MADStrong

Thank you for supporting our penny drive this week. We look forward to some March Madness on the SBMS Basketball Court the week of April the 1st. Come out the evening of the 5th to support student and staff as we continue to be #MADStrong!

Attention RISING SBE 6th Grade Families for the 19-20 School Year

At Swansboro Elementary School, on Thursday, May 2nd, at 8:30 a.m., the middle school counselors will join the SBE Administration and school counselor, Mr. Dick, to share important information about middle school. We will discuss a variety of topics that will provide tips and recommendations on how best to help your rising 6th grade student successfully navigate middle school.

Fifth Grade students will be touring SBMS on Friday, May 3rd. What an exciting time to prepare for the 19-20 School Year.



Apps Parents Should Know About

As parents and guardians of middle school children, it is important to be looking at their devices on a regular basis to ensure that your child is respecting the guidance you have provided them, upholding your values and staying safe.

SBMS Counseling Center

Swansboro Middle School, West Corbett Avenue, S... 910.326.3601
sbmscounseling.weebly.com/

APPS PARENTS SHOULD KNOW ABOUT

 <p>BUMBLE similar to "Tinder", however, it requires women to make first contact. Children have been known to use this app to create fake accounts and falsify their age.</p>	 <p>SNAPCHAT is a popular app that states you can take a photo/video and it will disappear. Some recent features include stories, which allow users to view content for up to 24 hours. This app also allows users to see your location.</p>	 <p>WISHBONE is an app that allows users to compare kids against each other and rate them on a scale. It's geared toward female users over the age of 13. There are also chat rooms associated with this app.</p>
 <p>KIK allows anyone to contact and send direct messages to your child. They can bypass traditional text message features. This app gives users unlimited access to anyone, anywhere and anytime.</p>	 <p>LIVE ME is a live streaming video app that can use geolocation to share videos so users can find out a broadcaster's exact location. Users can earn "coins" as a way to pay minors for photos.</p>	 <p>BITLIFE is a simulation game that exposes children to mature ideas.</p>
 <p>HOLLA is a self-proclaimed "addicting" video chat app that allows users to meet people all over the world in seconds. Reviews state they have been confronted with racial slurs and explicit content.</p>	 <p>WHISPER is an anonymous social network that promotes sharing secrets with strangers. It also reveals user's locations so they can meet up.</p>	 <p>DISCORD is a gaming app which allows you to easily view adult content and the ability to chat privately with strangers.</p>
 <p>ASKFM is known for cyber bullying. It encourages users to allow anonymous people to ask them questions.</p>	 <p>CALCULATOR% is a secret app used to hide photos, videos, files and your browser history.</p>	 <p>LIPSI is an anonymous feedback app. A lot of posts are positive, but feedback services are generally a recipe for bullying and trolling.</p>
 <p>HOT OR NOT encourages users to rate your profile, check out people in their area and chat with strangers. Goal of this app is to hook up.</p>	 <p>OMEGLE is an online chat site that promotes chatting with strangers.</p>	 <p>BIGO LIVE-LIVE STREAM lets teens stream live video of themselves that other users can see and comment on in real time. This app has a lot of mature content and users' comments are often predatory and explicit.</p>
 <p>INSTAGRAM allows picture sharing, but many children are creating fake accounts to hide content from parents. They also like to text using this app because messages are deleted once you leave the app.</p>	 <p>YUBO, formerly known as "yellow", is designed to allow teens to flirt with each other in a tinder-like atmosphere.</p>	 <p>TELLONYM is an anonymous messaging app. Though the developers claim comments are moderated, comments about users being ugly and that they should kill themselves are noted on reviews.</p>

Attendance Counts

Each day, we talk with our students about the importance of daily attendance in school. There are certainly reasons our children cannot go to school on a given day such as illness. Yet, more than just a few absences in a given year can have lasting effects on a student's academic progress. Click on the title, "Attendance Counts", to access a tool to help you show your child how absences in school can impact their reading and math achievement levels.



